



The Haven

Therapeutic Community for Women



**We believe in the
therapeutic
value of one
woman helping
another woman**



**What We Can't Do Alone,
We Can Do Together!**

Call Intake at 303-734-5000

Program Description: The Haven, in operation since 1992, is a **20 bed** residential Therapeutic Community providing treatment for adult women with chronic substance use disorders and co-occurring mental health.

Referrals: The Haven accepts referrals from the criminal justice system including diversion, transition, parole, and probation clients as well as clients referred from the Department of Human Services and self referrals. The Haven serves clients from multiple counties in Colorado. Clients receive a thorough assessment from the intake team. The Haven accepts clients who have a mental health diagnosis, however, clients who have severe and persistent mental health disorders may be better served by a mental health facility. Clients must also meet an ASAM III.5 level of care. The Haven is a year long program followed by 6-12 months of aftercare services.

Program Description: The primary goal of a Therapeutic Community (TC) is to foster individual change and positive growth. This is accomplished by changing an individual's lifestyle through a community of concerned people working together to help themselves and each other. Clients receive services that not only focus on recovery from substances and maintenance of mental health, but **treatment that focuses on social functioning, education/vocational skills, and positive community and family ties.** Participants learn to be accountable to the TC community through a hierarchical model of treatment stages that reflect increased levels of personal and social responsibility. The TC model is based on "**community as method**" or mutual self-help where all individuals within the TC assume responsibility for not only their own recovery, but that of their peers, and hold each other responsible for making meaningful changes.

Clients receive **evidenced based**, on-site structured programming that includes but is not limited to:

- drug and alcohol treatment groups
- individual counseling
- cognitive and behavioral therapy
- coping skills groups
- trauma responsive groups
- GED classes and vocational services
- **psychiatric care and medication monitoring**
- medical and dental care